

## Items to Pack for your Mission Trip

- Clothes to work indoors and outdoors.
- Robe, Shirts with sleeves (no tank tops or spaghetti straps), shorts, durable gym shoes (some sites you'll be on your feet all day); swim suit (summer groups) if your group leader decides to go swimming at the community pool after volunteer work.
- Work gloves if you have them (Tau House has 6 pairs available)
- Umbrellas
- Medications – please notify group leader of any RX drugs
- Toiletries: Shampoo, Soap, Toothbrush, Toothpaste, etc. Hair dryer
- Adult and Child Emergency Medical forms, photo releases – should be sent ahead!
- Short-term Application (mailed back by director of your group 4 weeks before trip)
- Musical instruments if you prefer to use these for group prayer
- Special CD's or inspirational readings to be used for group prayer (I-pod adapter available for those who bring inspirational music on their I-pods)
- One person in the group – if a t-shirt with your group's logo could be donated for a quilt, I'd appreciate it. Condition does not need to be new.

## Items we provide for your Mission Trip

- Bath rugs, Bed linens and towels and wash cloths
- 1 pillow per bed (we have a few extras)
- Blankets, comforters
- Meals are provided daily beginning Sunday night through Friday morning.
- Water Bottles & lunch bags
- CD player in chapel (I-pod adaptable)
- Some emergency First Aid supplies, i.e., bandages, Pain Reliever, Tums, Airborne, Cough Drops (There's a pharmacy < ½ mile away)
- An experience of a lifetime! ☺

## Important information for parents and guardians:

The phone number at Tau Community House is (513) 641-2327 ext. 155. If there is a mid-day emergency, please call the Program Director at (513) 761-9040 ext. 110 or the cell phone (513) 382-5795. The Program Director will find the participant at the site where he or she is volunteering and get the message to the participant. E-mail is [DirectorFranForThePoor@fuse.net](mailto:DirectorFranForThePoor@fuse.net) and our website is: [www.FranForThePoor.org](http://www.FranForThePoor.org)  
Please encourage your child to leave valuables at home – including laptops. The focus on the week is serving the poor and living a simple life style.